



## Anabel Jensen

Recognized for her work utilizing emotional intelligence, Anabel Jensen co-founded and is President of the nonprofit Six Seconds, known for a model that puts the skills of emotional intelligence into action. Anabel earned her Ph. D. from the UC Berkeley. She has been a professor in the School of Education/Leadership at Notre Dame de Namur University; Executive Director of Nueva School; and co-founder of Synapse School.

Named by the Silicon Valley Business Journal as one of the “Top 100 Women of Influence” in 2015, Anabel has received accolades including a Kellor Teaching Award from NDNU, Educator Award from the California Association for the Gifted; Outstanding Achievement Award from both Pocatello Foundation and Morrissey-Compton.

Author of numerous books and articles, Anabel has trained 30,000 educators and leaders. She is committed to developing 1 billion change makers who will inspire others to be the best in themselves and for each other.