



## Ekta Vyas, PhD

Ekta Vyas, Ph.D. is a management scholar-practitioner with over 20 years of progressive consulting and leadership experience spanning across academic, healthcare, manufacturing and technology industries. Her major feats have been in developing and leading teams and programs through times of transformational change in organizations.

Passionate about studying and understanding the factors that influence the success of transformational change efforts, Ekta's research has focused on closely studying the relationship between leaders' emotional intelligence and staff work engagement during transformational change. Utilizing the Six Seconds model of emotional intelligence, her research offers practical implications for leadership EQ competencies that have the potential to facilitate staff's overall work engagement during times of transformational change.

Currently, Ekta is a Director of Human Resources at Stanford Children's Health and Adjunct Management Faculty with Lucas College and Graduate School of Business at San Jose State University. A Forbes Human Resources Council member and contributor and an elected member of Society of Industrial and Organizational Psychology, Ekta also serves on the IHRIM (International Association of Human Resources Information Management) Board of Directors, and is a certified Emotional Intelligence Assessor and Coach.